You are part of a yoga school that has non-dual Tantric philosophy as its foundation.
You have the gift of Anusara’s Universal Principles of Alignment.
You are trained in a unique teaching method, which is supported by teaching manuals and an international school.
You enjoy a common language, sequencing and high standards with other Anusara teachers.
You are part of a school in which every Certified instructor is empowered to offer Anusara teacher trainings as long as they meet the requisite qualifications.
You are part of an international yoga school that has a clear professional development continuum, starting with Elements through to E-CAT (replaces CATT), with future developments in process.
You are part of a worldwide community that shares common core values.
You are part of a teacher-run, international yoga school.
You are a valued representative of the Anusara School of Hatha Yoga.