

3-Steps To Becoming Anusara-Inspired™

After two years of teaching as a licensed Anusara Elements™ teacher, you qualify to apply for the Anusara-Inspired license. Teaching for another two years as a licensed Anusara-Inspired teacher is a requirement to apply for the Certified Anusara® Teacher license.

Step 1
Submit Application for
Anusara-Inspired Yoga Teacher

Step 2
Ask a Certified Anusara Teacher
to review a live class or video
AND
submit a class evaluation form.

Step 3
Pay the first-time
Anusara-Inspired license fee
and congratulations!