

ASHY CONTINUING EDUCATION POLICY

Anusara Elements Teachers

• **Enforced with 2016 renewals**

• **Annual requirement**

• **Ten** hours of continuing education

- **•5 contact hours in workshop/training** with a current Inspired or Certified teacher or approved philosophy scholar.
- **•5 non-contact hours:** Approved online learning, participation in ASHY online-community learning opportunities (e.g. book discussions).

• Verification and process for documenting should be determined by summer 2015.

• *The AET teacher who does not have contact training opportunities with another AI or AC teacher is encouraged to invite a teacher to their location and host a workshop. Or worst case, contact AET admin and Regional rep to discuss.*

• Starting January 2015, those who completed teacher training back to Jan. 2013 will be eligible to apply for AET. Elements teachers with 2 years teaching experience are strongly encouraged to apply for Inspired status. Those who wish to remain AET beyond 2 years may be required to have a Class Evaluation (TBD).

Anusara-Inspired and Certified Anusara Yoga Teachers

Inspired CE required for 2016 renewal (even years)

Certified CE required for 2017 renewal (odd years)

20 hours over **two** years.

- **10 contact hours in workshop/training** with a currently licensed Certified Anusara yoga teacher or Anusara-Inspired yoga teacher
- **10 non-contact** Approved online learning, participation in ASHY online-community learning opportunities (e.g. book discussions) or study with a teacher outside Anusara yoga that holds an ERYT-500 or equivalent certification.
- Class evaluation by peer.

• Verification and process for documenting should be determined by fall 2015.