Anusara®
School of Hatha Yoga

Continuing Education Credit Hours Log

use this sheet for Immersions and Teacher Trainings only

YOUR NAME

Type of Training	Teacher(s) name	Teacher's Initials	Month	Year	City & State or Country	# of hours	
Immersion 1							
Immersion 2							
Immersion 3							
Teacher Training 1							
Teacher Training 2							
Teacher Training 3							
Additional Trainings							
Title of Training	Teacher(s) name		Month	Year	City & State or Country	# of hours	Description of training (i.e. therapeutics, philosophy,teacher training, etc)

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use this sheet for weekend workshops, retreats, conferences, etc.

Additional Workshops						
Workshop Title	Teacher(s) name	Month	Year	City & State or Country	# of hours	Description of workshop (i.e. therapeutics, philosophy, asana, etc)