

APPENDIX B

Request for Support

Thank you for taking time to complete and submit this form. If you have not already shared your self-assessment form with a member of the Community Relations Team, please send it to Tiffany Wood, Community Relations Team Leader, at tiffany@anusarayoga.com.

Submission Date: _____

Name: _____

Email: _____

Telephone #: _____

Country of Residence: _____

Briefly explain why you are seeking support from ASHY's Community Relations Team:

Select one of the options below (see Appendix C for more information):

- I am not sure what kind of support I need.
- I would like to have a conversation with one of the Community Relations Team members.
- I would like conflict coaching.
- I would like to be part of a facilitated conversation with the person(s) with whom I am experiencing conflict.
- The conflict has escalated to the point where I feel that mediation is necessary.

Is there anything else regarding your situation that you would like the Community Relations Team to know?

A team member will be in touch with you within three (3) business days of receipt of this request for support.