

# FIVE (5) STEPS TO BECOMING A CERTIFIED ANUSARA® YOGA TEACHER



## 1 APPLY



- \_\_ Read the Certification Packet to make sure you meet the minimum prerequisites to apply.
- \_\_ Complete the online application
- \_\_ Pay application fee
- \_\_ Send credit hours log  
Ory@anusarayoga.com
- \_\_ Have your Certified Anusara mentor view your class and submit the Universal Class Assessment Form (UCAF) to  
Ory@anusarayoga.com
- \_\_ Your application will be reviewed by the Director of Professional Development (DoPD).

## 2 WRITE EXAM



- \_\_ Schedule your exam with the Licensing Specialist - Ory@anusarayoga.com. (Reserve at least 10 days to write the exam)
- \_\_ Complete the Certification Exam and return to Licensing Specialist.
- \_\_ The DoPD will select an assessor to review your exam.

## 3 CLASS PLANNING FORM



- \_\_ BEFORE FILMING - Complete a class planning form and send to assessor for review.
- \_\_ Once approved by assessor proceed to filming your first certification video.

## 4 VIDEO/CLASS ASSESSMENT



- \_\_ Record yourself teaching a class
- \_\_ Watch your video over and complete the UCAF as a self-assessment.
- \_\_ Submit both video and UCAF self-assessment to assessor
- \_\_ Meeting with assessor to discuss video.
- \_\_ Record second or third video and homework assignments as necessary per assessors request until process is complete.

## 5 PROCESS COMPLETE



- The Certification Process is complete when:
- \_\_ Assessor gives final approval,
  - \_\_ License Agreement is signed
  - \_\_ New License Fee submitted

CONGRATS!

A BEAUTIFUL CERTIFICATE WILL BE MAILED TO YOU