



Samavesha | 2022

LIVE & ONLINE

SCHEDULE OF CLASSES

(ALL Classes are scheduled in Eastern Standard Time, New York Time)

	Friday Nov. 11	Saturday, Nov. 12	Sunday, Nov. 13	
8:00 - 9:30 am		Eva Anaya- ECAT English / German The Power Of Breath - Breathing as a path to yourself	Adam Ballenger USA / English Spiral - Master Session	Asana 1
9:30 - 10:00 am				Asana 2
10:00 - 11:00 am		Bill Mahony USA / English	Sarah Powel- ECAT English Bhima - A Tough Guy? Or a Softie?	Meditation
11:00 am - 12:00 pm	Kim and John, OPENING 11am - 11:45am		Letizzia Watzavino- CERT Spanish "Compasion hacia nosotros mismos"	Music
12:00 - 1:30 pm	Andrés Perez- CERT Spain / Spanish Generosidad: Una de las cualidades del Amor (Hanuman)	Bridget Woods- ECAT English Tara the Goddess of Compassion that ferries us all across the ocean	Leah Kline- CERT Netherlands / English TIME -Less- a vibrational experience from sound to compassionate silence	Philosophy
1:30 - 2:00 pm		Chai Time!		Pranayama
2:00 - 3:30 pm	Julia Pearring - ECAT English Cultivating a Steady Base of Compassion	Julia- Schenkert ECAT German "Here to serve" - Giving adjustments as an act of love	Cat McCarthy- CERT USA / English The Art & Science of getting along	Therapeutics
3:30-4:00 pm			Suzanne Zuber- CERT German Compassion in Action: Easeful Arm balances	Workshop
4:00 - 5:30 pm	Jacalyn Prete- ECAT USA / English Dance of the Divine Feminine		Beatriz Almazán CERT Spanish Basándote en la generosidad, compasión y sabiduría disfruta la armonía y La Paz	
5:30 - 6:00		Madhuri Martin - ECAT USA / English The Universal Principles of Connection	Closing Ceremony	
6:00 - 7:30 pm				
7:30 - 9:00 pm	Will Doran- CERT USA / English Building power to create the freedom you desire	Judyth Hill - SMS USA / English Voicing the Heart of Radiant Compassion!		